



Triple-wins Strategy of Hospital, Communities and Local Volunteers in Health Stations

Community Health Center, MacKay Memorial Hospital , Tamsui Campus, New Taipei City, Taiwan
HSIN-LUNG Chan M.D. Ta-Chuan Hung M.D. Chih-Hung Hsu

Introduction

In order to strengthen the partnership between our hospital and nearby communities for health promotion, we recruited targeted residents as volunteers and encourage them to set up their own health stations. This is a concept of "local-serves-locals". Training courses are provided regularly to enhance volunteers' health knowledge and awareness by our hospital. Through their cooperation, it is expected that health promotion activities could be delivered efficiently and effectively and it could promote a positive impact on their neighborhood.

Purpose / Methods

We cooperated with the local organizations (i.e. village offices, churches). The volunteers are recruited to establish health stations. For residents, stations offer physiological measurement (i.e. BMI, BP, abdominal waist), deliver information of health promotion and execute medical referral. For volunteers, they were requested to attend regular training courses for enhancing knowledge of disease prevention, aging, and chronic disease. They also joined health promoting competition (i.e. daily hiking, weight loss) among stations to encourage individuals and teams to achieve great outcome.

Results

We cooperated with the local organizations (i.e. village offices, churches). The volunteers are recruited to establish health stations. For residents, stations offer physiological measurement (i.e. BMI, BP, abdominal waist), deliver information of health promotion and execute medical referral. For volunteers, they were requested to attend regular training courses for enhancing knowledge of disease prevention, aging, and chronic disease. They also joined health promoting competition (i.e. daily hiking, weight loss) among stations to encourage individuals and teams to achieve great outcome.

Conclusion

Base on the result and health promotion events above, our hospital on behalf of health promotion hospital in north of New Taipei city build positively the partnership with nearby communities. Through the services of local volunteers in health stations, they made their residents healthier in one hand. In the other hand, they acquired health benefits from attending health station. Furthermore, we implement the government policy of health promotion under efficient partnership between communities. Hospital, communities and volunteers formed triple-wins situation.

